Pasta Salad

Ingredients
1 pound whole wheat spaghetti noodles, broken into smaller size
2 Tablespoons olive oil
1 onion, chopped
1 cup broccoli flowerets
1 cup green bell pepper, chopped
1 (14.5 oz) can Kidney Beans, rinsed and drained
1 (14.5 oz) can green beans, drained
1 (14.5 oz) can corn, drained
1 (16 oz) bottle Italian dressing

Instructions
Cook pasta according to package directions. Sauté onion, bell pepper and broccoli in olive oil until tender. Combine the sautéed vegetables, beans, green beans and corn with the cooked noodles. Toss with the salad dressing to coat all ingredients. Season with salt, pepper or other seasonings to taste.

Nutrition Facts
12 servings: 369 calories, 19g total fat, 3g saturated fat, 0mg cholesterol, 586mg sodium, 45g carbohydrates, 6g fiber, 9g protein

Recipe Provided By: Betty Robertson