Instant Mashed Potato Pancakes

**Ingredients**

- 1 cup cold water
- ½ teaspoon salt
- 1 egg, beaten
- ¾ cup instant mashed potato flakes
- ¼ cup diced onion
- ¼ teaspoon pepper
- 1/8 teaspoon cayenne pepper (optional)
- 1 tablespoon oil
- 1 tablespoons butter

**Instructions**

Mix cold water and egg with a whisk. Add instant mashed potato flakes whisk into egg mixture. Add spices/seasonings.

Place butter and oil in a large skillet over medium heat. Divide mixture into four parts. Using wet hands, shape each part into pancakes and place in pan. Cook for about 10 minutes, flip and continue cooking 6-8 minutes.

**Nutrition Facts**

1 cake servings: 126 Calories, 8g Total Fat, 3g Saturated Fat, 61mg Cholesterol, 12g Carbohydrate, 2g Fiber, 328mg sodium, 3g Protein

Recipe Provided By: Oklahoma State University Extension